



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Lea Seybel

Club: TSV Goddelau

Number: 88

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

weibliche AK 2 (TW 25)

Total time: 1:31:22

Rank in course/Total: 284 (of 343)

Rank in course/Women: 57 (of 81)

Best time in course: 1:05:08

Rank in category: 8(of 13)

Best time in the category: 1:07:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:16	24:32	7	4:23	44	9:16	0.50	12:16	24:32	14	4:23	45	9:16
Wechsel S -> R	-	3:04	-	10	1:04	49	3:04	0.50	15:20	30:40	14	5:27	42	14:55
Schwimmen Total	0.50	15:20	30:40	14	5:27	42	14:55	0.50	15:20	30:40	14	5:27	42	14:55
Rad netto	20.00	44:37	2:13	8	8:24	64	10:36	20.50	59:57	2:55	14	13:32	60	19:12
Wechsel R -> L	-	1:44	-	12	1:11	70	1:11	20.50	1:01:41	3:00	14	14:21	62	19:03
Rad Total	20.00	46:21	2:19	8	9:13	64	11:22	20.50	1:01:41	3:00	14	14:21	62	19:03
Lauf Ziel	5.00	29:41	5:56	10	9:37	59	29:41	25.50	1:31:22	3:34	8	23:58	57	26:14