



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Julia Hölzel

Total time: 1:35:49

Number: 267

Course: 25.50 km

Rank in course/Total: 312 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 70 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 9(of 13)

weibliche AK 2 (TW 25)

Best time in the category: 1:07:24

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.50 | 13:12 | 26:23 | 9 | 5:19 | 59 | 10:12 | 0.50 | 13:12 | 26:23 | 14 | 5:19 | 82 | 10:12 |
| Wechsel S -> R | - | 2:42 | - | 5 | 0:42 | 32 | 2:42 | 0.50 | 15:54 | 31:48 | 14 | 6:01 | 82 | 15:29 |
| Schwimmen Total | 0.50 | 15:54 | 31:48 | 14 | 6:01 | 82 | 15:29 | 0.50 | 15:54 | 31:48 | 14 | 6:01 | 82 | 15:29 |
| Rad netto | 20.00 | 47:42 | 2:23 | 10 | 11:29 | 75 | 13:41 | 20.50 | 1:03:36 | 3:06 | 14 | 17:11 | 82 | 22:51 |
| Wechsel R -> L | - | 1:03 | - | 6 | 0:30 | 35 | 0:30 | 20.50 | 1:04:39 | 3:09 | 14 | 17:19 | 82 | 22:01 |
| Rad Total | 20.00 | 48:45 | 2:26 | 10 | 11:37 | 75 | 13:46 | 20.50 | 1:04:39 | 3:09 | 14 | 17:19 | 82 | 22:01 |
| Lauf Ziel | 5.00 | 31:10 | 6:14 | 11 | 11:06 | 66 | 31:10 | 25.50 | 1:35:49 | 3:45 | 9 | 28:25 | 70 | 30:41 |