



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Alexander Kurz

Total time: 1:18:49

Number: 306

Course: 25.50 km

Rank in course/Total: 155 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 135 (of 262)

Best time in course: 58:32

Category:

Rank in category: 17(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:01:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	10:45	21:30	12	3:33	99	3:48	0.50	10:45	21:30	31	3:33	263	3:48	
Wechsel S -> R	-	3:21	-	24	2:05	198	2:05	0.50	14:06	28:11	31	5:38	263	5:40	
Schwimmen Total	0.50	14:06	28:11	31	5:38	263	5:40	0.50	14:06	28:11	31	5:38	263	5:40	
Rad netto	20.00	38:52	1:56	21	6:06	165	14:28	20.50	52:58	2:35	31	11:05	263	14:42	
Wechsel R -> L	-	1:20	-	23	0:49	178	0:53	20.50	54:18	2:38	31	11:41	263	15:10	
Rad Total	20.00	40:12	2:00	21	6:29	171	15:03	20.50	54:18	2:38	31	11:41	263	15:10	
Lauf Ziel	5.00	24:31	4:54	17	6:03	128	24:31	25.50	1:18:49	3:05	17	17:10	135	20:17	