



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Martina Döring

Total time: 1:18:43

Number: 73

Course: 25.50 km

Rank in course/Total: 153 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 20 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 3(of 8)

weibliche AK 4 (TW 35)

Best time in the category: 1:15:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:56	21:52	3	0:56	23	7:56	0.50	10:56	21:52	9	0:56	23	7:56
Wechsel S -> R	-	2:36	-	4	0:41	25	2:36	0.50	13:32	27:03	9	1:11	23	13:07
Schwimmen Total	0.50	13:32	27:03	9	1:11	23	13:07	0.50	13:32	27:03	9	1:11	23	13:07
Rad netto	20.00	38:43	1:56	3	1:52	19	4:42	20.50	52:15	2:32	9	3:03	21	11:30
Wechsel R -> L	-	1:08	-	5	0:34	42	0:35	20.50	53:23	2:36	9	2:52	20	10:45
Rad Total	20.00	39:51	1:59	3	1:41	20	4:52	20.50	53:23	2:36	9	2:52	20	10:45
Lauf Ziel	5.00	25:20	5:03	3	0:30	24	25:20	25.50	1:18:43	3:05	3	2:54	20	13:35