



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Claudia Dürrwang

Total time: 1:32:04

Club: Betriebssport Ausdauer Dentsply Sirona

Number: 363

Course: 25.50 km

Rank in course/Total: 288 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Women: 60 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 7(of 8)

weibliche AK 4 (TW 35)

Best time in the category: 1:15:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:39	27:18	8	3:39	65	10:39	0.50	13:39	27:18	8	3:39	82	10:39
Wechsel S -> R	-	4:49	-	8	2:54	78	4:49	0.50	18:28	36:55	8	6:07	82	18:03
Schwimmen Total	0.50	18:28	36:55	8	6:07	82	18:03	0.50	18:28	36:55	8	6:07	82	18:03
Rad netto	20.00	43:41	2:11	7	6:50	58	9:40	20.50	1:02:09	3:01	8	12:57	82	21:24
Wechsel R -> L	-	2:05	-	8	1:31	80	1:32	20.50	1:04:14	3:07	8	13:43	82	21:36
Rad Total	20.00	45:46	2:17	8	7:36	63	10:47	20.50	1:04:14	3:07	8	13:43	82	21:36
Lauf Ziel	5.00	27:50	5:33	5	3:00	49	27:50	25.50	1:32:04	3:36	7	16:15	60	26:56