



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Marcel Hofter

Total time: 1:20:43

Number: 171

Course: 25.50 km

Rank in course/Total: 172 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 151 (of 262)

Best time in course: 58:32

Category:

Rank in category: 20(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:01:39

### Intermediate times

### Stage score

### Total ranking

| Control         | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|                 | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Schwimmen nett  | 0.50  | 12:03 | 24:06  | 20   | 4:51   | 160 | 5:06   | 0.50  | 12:03   | 24:06  | 31   | 4:51   | 263 | 5:06   |
| Wechsel S -> R  | -     | 2:27  | -      | 10   | 1:11   | 88  | 1:11   | 0.50  | 14:30   | 29:00  | 31   | 6:02   | 263 | 6:04   |
| Schwimmen Total | 0.50  | 14:30 | 29:00  | 31   | 6:02   | 263 | 6:04   | 0.50  | 14:30   | 29:00  | 31   | 6:02   | 263 | 6:04   |
| Rad netto       | 20.00 | 35:52 | 1:47   | 10   | 3:06   | 82  | 11:28  | 20.50 | 50:22   | 2:27   | 31   | 8:29   | 263 | 12:06  |
| Wechsel R -> L  | -     | 1:15  | -      | 19   | 0:44   | 161 | 0:48   | 20.50 | 51:37   | 2:31   | 31   | 9:00   | 263 | 12:29  |
| Rad Total       | 20.00 | 37:07 | 1:51   | 10   | 3:24   | 86  | 11:58  | 20.50 | 51:37   | 2:31   | 31   | 9:00   | 263 | 12:29  |
| Lauf Ziel       | 5.00  | 29:06 | 5:49   | 25   | 10:38  | 206 | 29:06  | 25.50 | 1:20:43 | 3:09   | 20   | 19:04  | 151 | 22:11  |