



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Philipp Hempel

Club: Deutsche Bahn

Number: 332

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

männliche AK 3 (TM 30)

Total time: 58:32

Rank in course/Total: 1 (of 343)

Rank in course/Men: 1 (of 262)

Best time in course: 58:32

Rank in category: 1(of 33)

Best time in the category: 58:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	6:57	13:54	1	-	1	-	0.50	6:57	13:54	1	-	1	-
Wechsel S -> R	-	1:29	-	1	-	3	0:13	0.50	8:26	16:52	1	-	1	-
Schwimmen Total	0.50	8:26	16:52	1	-	1	-	0.50	8:26	16:52	1	-	1	-
Rad netto	20.00	29:50	1:29	1	-	2	5:26	20.50	38:16	1:52	1	-	1	-
Wechsel R -> L	-	0:52	-	8	0:15	67	0:25	20.50	39:08	1:54	1	-	1	-
Rad Total	20.00	30:42	1:32	1	-	2	5:33	20.50	39:08	1:54	1	-	1	-
Lauf Ziel	5.00	19:24	3:52	2	0:34	18	19:24	25.50	58:32	2:17	1	-	1	-