



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Sebastian Hagmann

Total time: 1:05:07

Club: TSG Maxdorf

Number: 202

Course: 25.50 km

Rank in course/Total: 15 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 15 (of 262)

Best time in course: 58:32

Category:

Rank in category: 2(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:24	16:48	2	1:27	7	1:27	0.50	8:24	16:48	34	1:27	263	1:27
Wechsel S -> R	-	2:35	-	17	1:06	113	1:19	0.50	10:59	21:57	34	2:33	263	2:33
Schwimmen Total	0.50	10:59	21:57	34	2:33	263	2:33	0.50	10:59	21:57	34	2:33	263	2:33
Rad netto	20.00	34:06	1:42	5	4:16	39	9:42	20.50	45:05	2:11	34	6:49	263	6:49
Wechsel R -> L	-	1:12	-	24	0:35	153	0:45	20.50	46:17	2:15	34	7:09	263	7:09
Rad Total	20.00	35:18	1:45	5	4:36	41	10:09	20.50	46:17	2:15	34	7:09	263	7:09
Lauf Ziel	5.00	18:50	3:46	1	-	8	18:50	25.50	1:05:07	2:33	2	6:35	15	6:35