



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Felix Kary

Total time: 1:08:08

Number: 199

Course: 25.50 km

Rank in course/Total: 36 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 33 (of 262)

Best time in course: 58:32

Category:

Rank in category: 5(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:27	16:53	3	1:30	8	1:30	0.50	8:27	16:53	34	1:30	263	1:30
Wechsel S -> R	-	2:18	-	10	0:49	69	1:02	0.50	10:45	21:30	34	2:19	263	2:19
Schwimmen Total	0.50	10:45	21:30	34	2:19	263	2:19	0.50	10:45	21:30	34	2:19	263	2:19
Rad netto	20.00	34:53	1:44	8	5:03	65	10:29	20.50	45:38	2:13	34	7:22	263	7:22
Wechsel R -> L	-	1:10	-	21	0:33	147	0:43	20.50	46:48	2:16	34	7:40	263	7:40
Rad Total	20.00	36:03	1:48	8	5:21	66	10:54	20.50	46:48	2:16	34	7:40	263	7:40
Lauf Ziel	5.00	21:20	4:15	8	2:30	59	21:20	25.50	1:08:08	2:40	5	9:36	33	9:36