



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Josua Klaus

Total time: 1:11:38

Number: 310

Course: 25.50 km

Rank in course/Total: 65 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 61 (of 262)

Best time in course: 58:32

Category:

Rank in category: 8(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:23	22:45	18	4:26	130	4:26	0.50	11:23	22:45	34	4:26	263	4:26
Wechsel S -> R	-	2:35	-	17	1:06	113	1:19	0.50	13:58	27:56	34	5:32	263	5:32
Schwimmen Total	0.50	13:58	27:56	34	5:32	263	5:32	0.50	13:58	27:56	34	5:32	263	5:32
Rad netto	20.00	35:33	1:46	10	5:43	77	11:09	20.50	49:31	2:24	34	11:15	263	11:15
Wechsel R -> L	-	0:52	-	8	0:15	67	0:25	20.50	50:23	2:27	34	11:15	263	11:15
Rad Total	20.00	36:25	1:49	10	5:43	75	11:16	20.50	50:23	2:27	34	11:15	263	11:15
Lauf Ziel	5.00	21:15	4:15	7	2:25	55	21:15	25.50	1:11:38	2:48	8	13:06	61	13:06