



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Marc Richter

Total time: 1:12:40

Number: 324

Course: 25.50 km

Rank in course/Total: 81 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 76 (of 262)

Best time in course: 58:32

Category:

Rank in category: 12(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:23	22:45	18	4:26	130	4:26	0.50	11:23	22:45	34	4:26	263	4:26
Wechsel S -> R	-	2:54	-	21	1:25	153	1:38	0.50	14:17	28:33	34	5:51	263	5:51
Schwimmen Total	0.50	14:17	28:33	34	5:51	263	5:51	0.50	14:17	28:33	34	5:51	263	5:51
Rad netto	20.00	33:43	1:41	4	3:53	27	9:19	20.50	48:00	2:20	34	9:44	263	9:44
Wechsel R -> L	-	1:03	-	18	0:26	121	0:36	20.50	49:03	2:23	34	9:55	263	9:55
Rad Total	20.00	34:46	1:44	3	4:04	32	9:37	20.50	49:03	2:23	34	9:55	263	9:55
Lauf Ziel	5.00	23:37	4:43	17	4:47	110	23:37	25.50	1:12:40	2:50	12	14:08	76	14:08