



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Torbjörn Müller

Total time: 1:18:24

Number: 210

Course: 25.50 km

Rank in course/Total: 147 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 129 (of 262)

Best time in course: 58:32

Category:

Rank in category: 18(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:16	22:32	17	4:19	126	4:19	0.50	11:16	22:32	34	4:19	263	4:19
Wechsel S -> R	-	2:59	-	22	1:30	164	1:43	0.50	14:15	28:30	34	5:49	263	5:49
Schwimmen Total	0.50	14:15	28:30	34	5:49	263	5:49	0.50	14:15	28:30	34	5:49	263	5:49
Rad netto	20.00	37:48	1:53	15	7:58	141	13:24	20.50	52:03	2:32	34	13:47	263	13:47
Wechsel R -> L	-	1:59	-	33	1:22	247	1:32	20.50	54:02	2:38	34	14:54	263	14:54
Rad Total	20.00	39:47	1:59	21	9:05	157	14:38	20.50	54:02	2:38	34	14:54	263	14:54
Lauf Ziel	5.00	24:22	4:52	19	5:32	123	24:22	25.50	1:18:24	3:04	18	19:52	129	19:52