



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Martin Walter

Total time: 1:19:48

Number: 156

Course: 25.50 km

Rank in course/Total: 165 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 144 (of 262)

Best time in course: 58:32

Category:

Rank in category: 20(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	11:05	22:10	16	4:08	120	4:08	0.50	11:05	22:10	34	4:08	263	4:08	
Wechsel S -> R	-	3:19	-	27	1:50	194	2:03	0.50	14:24	28:48	34	5:58	263	5:58	
Schwimmen Total	0.50	14:24	28:48	34	5:58	263	5:58	0.50	14:24	28:48	34	5:58	263	5:58	
Rad netto	20.00	36:53	1:50	13	7:03	115	12:29	20.50	51:17	2:30	34	13:01	263	13:01	
Wechsel R -> L	-	1:09	-	19	0:32	140	0:42	20.50	52:26	2:33	34	13:18	263	13:18	
Rad Total	20.00	38:02	1:54	13	7:20	107	12:53	20.50	52:26	2:33	34	13:18	263	13:18	
Lauf Ziel	5.00	27:22	5:28	24	8:32	184	27:22	25.50	1:19:48	3:07	20	21:16	144	21:16	