



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Yannik Henter

Total time: 1:14:27

Club: LCI Speyer

Number: 111

Course: 25.50 km

Rank in course/Total: 96 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 88 (of 262)

Best time in course: 58:32

Category:

Rank in category: 7(of 15)

männliche AK 1 (TM 20)

Best time in the category: 1:06:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	10:08	20:15	5	1:31	68	3:11	0.50	10:08	20:15	5	1:31	263	3:11	
Wechsel S -> R	-	2:39	-	6	1:02	122	1:23	0.50	12:47	25:33	5	2:33	263	4:21	
Schwimmen Total	0.50	12:47	25:33	5	2:33	263	4:21	0.50	12:47	25:33	5	2:33	263	4:21	
Rad netto	20.00	38:22	1:55	9	13:58	157	13:58	20.50	51:09	2:29	7	11:36	263	12:53	
Wechsel R -> L	-	0:32	-	1	-	6	0:05	20.50	51:41	2:31	7	11:23	263	12:33	
Rad Total	20.00	38:54	1:56	9	13:45	138	13:45	20.50	51:41	2:31	7	11:23	263	12:33	
Lauf Ziel	5.00	22:46	4:33	10	22:46	89	22:46	25.50	1:14:27	2:55	7	8:27	88	15:55	