



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Daniel Lehaire

Total time: 1:27:42

Number: 272

Course: 25.50 km

Rank in course/Total: 258 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 209 (of 262)

Best time in course: 58:32

Category:

Rank in category: 28(of 33)

männliche AK 3 (TM 30)

Best time in the category: 58:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:34	25:07	25	5:37	183	5:37	0.50	12:34	25:07	34	5:37	263	5:37
Wechsel S -> R	-	3:16	-	25	1:47	188	2:00	0.50	15:50	31:40	34	7:24	198	7:24
Schwimmen Total	0.50	15:50	31:40	34	7:24	198	7:24	0.50	15:50	31:40	34	7:24	198	7:24
Rad netto	20.00	43:40	2:10	29	13:50	229	19:16	20.50	59:30	2:54	34	21:14	263	21:14
Wechsel R -> L	-	0:48	-	6	0:11	54	0:21	20.50	1:00:18	2:56	34	21:10	263	21:10
Rad Total	20.00	44:28	2:13	29	13:46	226	19:19	20.50	1:00:18	2:56	34	21:10	263	21:10
Lauf Ziel	5.00	27:24	5:28	25	8:34	186	27:24	25.50	1:27:42	3:26	28	29:10	209	29:10