



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Joel Steinbiß

Total time: 1:02:13

Number: 33

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Rank in course/Total: 5 (of 343)

Rank in course/Men: 5 (of 262)

Best time in course: 58:32

Category:

männliche AK 4 (TM 35)

Rank in category: 1(of 23)

Best time in the category: 1:02:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:20	16:40	1	-	6	1:23	0.50	8:20	16:40	1	-	263	1:23
Wechsel S -> R	-	1:37	-	3	0:06	9	0:21	0.50	9:57	19:53	1	-	263	1:31
Schwimmen Total	0.50	9:57	19:53	1	-	263	1:31	0.50	9:57	19:53	1	-	263	1:31
Rad netto	20.00	31:56	1:35	1	-	10	7:32	20.50	41:53	2:02	1	-	6	3:37
Wechsel R -> L	-	0:41	-	1	-	30	0:14	20.50	42:34	2:04	1	-	237	3:26
Rad Total	20.00	32:37	1:37	1	-	9	7:28	20.50	42:34	2:04	1	-	237	3:26
Lauf Ziel	5.00	19:39	3:55	2	0:22	23	19:39	25.50	1:02:13	2:26	1	-	5	3:41