



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Julian Puppe

Total time: 1:03:34

Number: 277

Course: 25.50 km

Rank in course/Total: 9 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 9 (of 262)

Best time in course: 58:32

Category:

Rank in category: 2(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:39	17:18	2	0:19	13	1:42	0.50	8:39	17:18	24	0:19	263	1:42
Wechsel S -> R	-	1:33	-	2	0:02	6	0:17	0.50	10:12	20:23	24	0:15	263	1:46
Schwimmen Total	0.50	10:12	20:23	24	0:15	263	1:46	0.50	10:12	20:23	24	0:15	263	1:46
Rad netto	20.00	33:08	1:39	3	1:12	19	8:44	20.50	43:20	2:06	24	1:27	263	5:04
Wechsel R -> L	-	0:57	-	7	0:16	91	0:30	20.50	44:17	2:09	24	1:43	263	5:09
Rad Total	20.00	34:05	1:42	2	1:28	17	8:56	20.50	44:17	2:09	24	1:43	263	5:09
Lauf Ziel	5.00	19:17	3:51	1	-	15	19:17	25.50	1:03:34	2:29	2	1:21	9	5:02