



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Jonas Müller

Total time: 1:15:51

Number: 287

Course: 25.50 km

Rank in course/Total: 113 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 101 (of 262)

Best time in course: 58:32

Category:

Rank in category: 10(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	11:30	23:00	15	3:10	136	4:33	0.50	11:30	23:00	24	3:10	263	4:33
Wechsel S -> R	-	1:54	-	5	0:23	27	0:38	0.50	13:24	26:48	24	3:27	263	4:58
Schwimmen Total	0.50	13:24	26:48	24	3:27	263	4:58	0.50	13:24	26:48	24	3:27	263	4:58
Rad netto	20.00	34:04	1:42	5	2:08	37	9:40	20.50	47:28	2:18	24	5:35	263	9:12
Wechsel R -> L	-	1:02	-	9	0:21	115	0:35	20.50	48:30	2:21	24	5:56	263	9:22
Rad Total	20.00	35:06	1:45	4	2:29	36	9:57	20.50	48:30	2:21	24	5:56	263	9:22
Lauf Ziel	5.00	27:21	5:28	17	8:04	182	27:21	25.50	1:15:51	2:58	10	13:38	101	17:19