



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Daniel Kiefer

Total time: 1:16:23

Number: 39

Course: 25.50 km

Rank in course/Total: 120 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 108 (of 262)

Best time in course: 58:32

Category:

Rank in category: 11(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.50 | 10:16 | 20:32 | 7 | 1:56 | 74 | 3:19 | 0.50 | 10:16 | 20:32 | 24 | 1:56 | 263 | 3:19 |
| Wechsel S -> R | - | 2:41 | - | 14 | 1:10 | 129 | 1:25 | 0.50 | 12:57 | 25:53 | 24 | 3:00 | 263 | 4:31 |
| Schwimmen Total | 0.50 | 12:57 | 25:53 | 24 | 3:00 | 263 | 4:31 | 0.50 | 12:57 | 25:53 | 24 | 3:00 | 263 | 4:31 |
| Rad netto | 20.00 | 38:12 | 1:54 | 12 | 6:16 | 153 | 13:48 | 20.50 | 51:09 | 2:29 | 24 | 9:16 | 263 | 12:53 |
| Wechsel R -> L | - | 1:24 | - | 19 | 0:43 | 189 | 0:57 | 20.50 | 52:33 | 2:33 | 24 | 9:59 | 263 | 13:25 |
| Rad Total | 20.00 | 39:36 | 1:58 | 12 | 6:59 | 153 | 14:27 | 20.50 | 52:33 | 2:33 | 24 | 9:59 | 263 | 13:25 |
| Lauf Ziel | 5.00 | 23:50 | 4:46 | 11 | 4:33 | 115 | 23:50 | 25.50 | 1:16:23 | 2:59 | 11 | 14:10 | 108 | 17:51 |