



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Philipp Karduck

Total time: 1:16:07

Number: 258

Course: 25.50 km

Rank in course/Total: 116 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 104 (of 262)

Best time in course: 58:32

Category:

Rank in category: 9(of 15)

männliche AK 1 (TM 20)

Best time in the category: 1:06:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:45	21:30	9	2:08	99	3:48	0.50	10:45	21:30	16	2:08	263	3:48
Wechsel S -> R	-	2:50	-	11	1:13	147	1:34	0.50	13:35	27:10	16	3:21	263	5:09
Schwimmen Total	0.50	13:35	27:10	16	3:21	263	5:09	0.50	13:35	27:10	16	3:21	263	5:09
Rad netto	20.00	39:00	1:57	10	14:36	169	14:36	20.50	52:35	2:33	16	13:02	263	14:19
Wechsel R -> L	-	0:57	-	10	0:25	91	0:30	20.50	53:32	2:36	16	13:14	263	14:24
Rad Total	20.00	39:57	1:59	11	14:48	162	14:48	20.50	53:32	2:36	16	13:14	263	14:24
Lauf Ziel	5.00	22:35	4:30	8	22:35	83	22:35	25.50	1:16:07	2:59	9	10:07	104	17:35