



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Michael Pfeuffer

Total time: 1:16:43

Number: 205

Course: 25.50 km

Rank in course/Total: 126 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 112 (of 262)

Best time in course: 58:32

Category:

Rank in category: 12(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:57	21:53	11	2:37	109	4:00	0.50	10:57	21:53	24	2:37	263	4:00
Wechsel S -> R	-	2:05	-	6	0:34	48	0:49	0.50	13:02	26:03	24	3:05	263	4:36
Schwimmen Total	0.50	13:02	26:03	24	3:05	263	4:36	0.50	13:02	26:03	24	3:05	263	4:36
Rad netto	20.00	39:38	1:58	14	7:42	177	15:14	20.50	52:40	2:34	24	10:47	263	14:24
Wechsel R -> L	-	1:15	-	16	0:34	161	0:48	20.50	53:55	2:37	24	11:21	263	14:47
Rad Total	20.00	40:53	2:02	14	8:16	177	15:44	20.50	53:55	2:37	24	11:21	263	14:47
Lauf Ziel	5.00	22:48	4:33	8	3:31	92	22:48	25.50	1:16:43	3:00	12	14:30	112	18:11