



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Johannes Klaus

Total time: 1:26:14

Number: 311

Course: 25.50 km

Rank in course/Total: 242 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 198 (of 262)

Best time in course: 58:32

Category:

Rank in category: 18(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:00	22:00	13	2:40	115	4:03	0.50	11:00	22:00	24	2:40	263	4:03
Wechsel S -> R	-	3:55	-	22	2:24	235	2:39	0.50	14:55	29:49	24	4:58	263	6:29
Schwimmen Total	0.50	14:55	29:49	24	4:58	263	6:29	0.50	14:55	29:49	24	4:58	263	6:29
Rad netto	20.00	40:06	2:00	16	8:10	185	15:42	20.50	55:01	2:41	24	13:08	263	16:45
Wechsel R -> L	-	0:51	-	5	0:10	62	0:24	20.50	55:52	2:43	24	13:18	263	16:44
Rad Total	20.00	40:57	2:02	15	8:20	178	15:48	20.50	55:52	2:43	24	13:18	263	16:44
Lauf Ziel	5.00	30:22	6:04	21	11:05	225	30:22	25.50	1:26:14	3:22	18	24:01	198	27:42