



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Johannes Küber

Total time: 1:27:06

Number: 191

Course: 25.50 km

Rank in course/Total: 251 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 205 (of 262)

Best time in course: 58:32

Category:

Rank in category: 19(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	9:13	18:26	3	0:53	28	2:16	0.50	9:13	18:26	24	0:53	263	2:16
Wechsel S -> R	-	2:26	-	8	0:55	83	1:10	0.50	11:39	23:18	24	1:42	263	3:13
Schwimmen Total	0.50	11:39	23:18	24	1:42	263	3:13	0.50	11:39	23:18	24	1:42	263	3:13
Rad netto	20.00	37:12	1:51	9	5:16	126	12:48	20.50	48:51	2:22	24	6:58	263	10:35
Wechsel R -> L	-	1:10	-	14	0:29	147	0:43	20.50	50:01	2:26	24	7:27	263	10:53
Rad Total	20.00	38:22	1:55	9	5:45	119	13:13	20.50	50:01	2:26	24	7:27	263	10:53
Lauf Ziel	5.00	37:05	7:25	23	17:48	257	37:05	25.50	1:27:06	3:24	19	24:53	205	28:34