



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Jens Bäumer

Total time: 1:34:12

Number: 187

Course: 25.50 km

Rank in course/Total: 304 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 235 (of 262)

Best time in course: 58:32

Category:

Rank in category: 20(of 23)

männliche AK 4 (TM 35)

Best time in the category: 1:02:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	14:28	28:56	21	6:08	238	7:31	0.50	14:28	28:56	24	6:08	263	7:31	
Wechsel S -> R	-	3:39	-	19	2:08	220	2:23	0.50	18:07	36:14	24	8:10	263	9:41	
Schwimmen Total	0.50	18:07	36:14	24	8:10	263	9:41	0.50	18:07	36:14	24	8:10	263	9:41	
Rad netto	20.00	47:12	2:21	22	15:16	252	22:48	20.50	1:05:19	3:11	24	23:26	263	27:03	
Wechsel R -> L	-	1:08	-	10	0:27	136	0:41	20.50	1:06:27	3:14	24	23:53	263	27:19	
Rad Total	20.00	48:20	2:25	22	15:43	249	23:11	20.50	1:06:27	3:14	24	23:53	263	27:19	
Lauf Ziel	5.00	27:45	5:32	18	8:28	188	27:45	25.50	1:34:12	3:41	20	31:59	235	35:40	