



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Krüger, Juliane

Club: Bad Tennstedt
Number: 219

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 33:45

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 21 (of 39)

Rank in course/Women: 10 (of 21)

Best time in course: 28:03

Rank in category: 3(of 5)

Best time in the category: 30:38