



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Müller, Gregor

Club: Laufend unterwegs
Number: 225

Course: 5.00 km
5 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 34:17

Speed: 8.75 km/h
Running performance: 6:52 min/km

Rank in course/Total: 23 (of 39)

Rank in course/Men: 13 (of 18)

Best time in course: 21:05

Rank in category: 3(of 3)

Best time in the category: 32:50