



6. Novalislauf Bad Tennstedt  
Bad Tennstedt / 09.09.2023

Detailed evaluation

Risto, Lenny

Club: Herbsleben  
Number: 229

Course: 5.00 km  
5 km Lauf

Category:  
weibliche Jugend U18 (16-17)

Total time: 38:50

Speed: 7.73 km/h  
Running performance: 7:46 min/km

Rank in course/Total: 34 (of 39)  
Rank in course/Women: 18 (of 21)  
Best time in course: 28:03

Rank in category: 6(of 6)  
Best time in the category: 28:03