



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Risto, Lenny

Club: Herbsleben
Number: 229

Course: 5.00 km
5 km Lauf

Category:
weibliche Jugend U18 (16-17)

Total time: 38:50

Speed: 7.73 km/h
Running performance: 7:46 min/km

Rank in course/Total: 34 (of 39)
Rank in course/Women: 18 (of 21)
Best time in course: 28:03

Rank in category: 6(of 6)
Best time in the category: 28:03