



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Mußbach, Katja

Club: Zella-Mehlis
Number: 226

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 40:54

Speed: 7.33 km/h
Running performance: 8:11 min/km

Rank in course/Total: 38 (of 39)
Rank in course/Women: 21 (of 21)
Best time in course: 28:03

Rank in category: 1(of 1)
Best time in the category: 40:54