



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Henschel, Kevin

Club: Bad Tennstedt
Number: 108

Course: 10.00 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:21

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 3 (of 27)

Rank in course/Men: 3 (of 24)

Best time in course: 42:50

Rank in category: 1(of 3)

Best time in the category: 46:21