



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Walther, Karsten

Club: Mittwochslaufgruppe Bad Langensalza
Number: 127

Course: 10.00 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 47:31

Speed: 12.63 km/h
Running performance: 4:45 min/km

Rank in course/Total: 4 (of 27)

Rank in course/Men: 4 (of 24)

Best time in course: 42:50

Rank in category: 1(of 7)

Best time in the category: 47:31