



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Thomas, Martin

Club: Bad Langensalza

Number: 126

Course: 10.00 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 48:09

Speed: 12.46 km/h

Running performance: 4:49 min/km

Rank in course/Total: 6 (of 27)

Rank in course/Men: 6 (of 24)

Best time in course: 42:50

Rank in category: 1(of 3)

Best time in the category: 48:09