



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Lux, Corinna

Club: Mittwochslaufgruppe Bad Langensalza
Number: 113

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 51:36

Speed: 11.63 km/h
Running performance: 5:10 min/km

Rank in course/Total: 11 (of 27)

Rank in course/Women: 1 (of 3)

Best time in course: 51:36

Rank in category: 1(of 1)

Best time in the category: 51:36