



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Drengenburg, Thomas

Club: FFW Mittelsömmern
Number: 102

Course: 10.00 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:19

Speed: 11.25 km/h
Running performance: 5:20 min/km

Rank in course/Total: 13 (of 27)

Rank in course/Men: 12 (of 24)

Best time in course: 42:50

Rank in category: 3(of 7)

Best time in the category: 47:31