



6. Novalislauf Bad Tennstedt  
Bad Tennstedt / 09.09.2023

Detailed evaluation

Wickenhagen, Mathias

Club: Bas Tennstedt  
Number: 128

Course: 10.00 km  
10 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 54:09

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 14 (of 27)

Rank in course/Men: 13 (of 24)

Best time in course: 42:50

Rank in category: 2(of 3)

Best time in the category: 45:24