



6. Novalislauf Bad Tennstedt  
Bad Tennstedt / 09.09.2023

Detailed evaluation

**Setzepfandt, Stefan**

Club: Fahrdienst Gary  
Number: 125

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:07:01

Speed: 8.95 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 24 (of 27)

Rank in course/Men: 22 (of 24)

Best time in course: 42:50

Rank in category: 7(of 7)

Best time in the category: 47:31