



6. Novalislauf Bad Tennstedt  
Bad Tennstedt / 09.09.2023

Detailed evaluation

Jakob, Timo

Number: 385

Course: 3.50 km  
Spaßlauf

Category:  
männliche Jugend U16 (14-15)

Total time: 19:32

Speed: 9.22 km/h

Running performance: 5:35 min/km

Rank in course/Total: 1 (of 73)

Rank in course/Men: 1 (of 41)

Best time in course: 19:32

Rank in category: 1(of 12)

Best time in the category: 19:32