



## 6. Novalislauf Bad Tennstedt

Bad Tennstedt / 09.09.2023

### Detailed evaluation

**Ludwig, Nicky**

Club: Fc an der fahner höhe

Number: 349

Course: 3.50 km

Spaßlauf

Category:

weibliche Jugend U18 (16-17)

Total time: 29:42

Speed: 6.06 km/h

Running performance: 8:29 min/km

Rank in course/Total: 40 (of 73)

Rank in course/Women: 11 (of 32)

Best time in course: 23:33

Rank in category: 1(of 1)

Best time in the category: 29:42