



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Heide, Lennard

Club: Herbsleben

Number: 413

Course: 1.50 km

Schülerlauf

Category:

männliche Jugend U10 (8-9)

Total time: 6:49

Speed: 8.80 km/h

Running performance: 4:32 min/km

Rank in course/Total: 10 (of 36)

Rank in course/Men: 8 (of 20)

Best time in course: 5:53

Rank in category: 4(of 9)

Best time in the category: 6:46