



6. Novalislauf Bad Tennstedt  
Bad Tennstedt / 09.09.2023

Detailed evaluation

Göbel, Charlotte

Club: Ballhausen  
Number: 210

Course: 5.00 km  
5 km Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 28:30

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 10 (of 39)

Rank in course/Women: 2 (of 21)

Best time in course: 28:03

Rank in category: 1(of 2)

Best time in the category: 28:30