



6. Novalislauf Bad Tennstedt
Bad Tennstedt / 09.09.2023

Detailed evaluation

Gary, Sven

Club: Fahrdienst Gary
Number: 209

Course: 5.00 km
5 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 32:50

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 17 (of 39)

Rank in course/Men: 11 (of 18)

Best time in course: 21:05

Rank in category: 1(of 3)

Best time in the category: 32:50