



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Kalsow, Adrian

Club: Gotha

Number: 222

Course: 9.30 km

9 km-Lauf

Category:

männliche Jugend U20 (18-19)

Total time: 51:08

Speed: 10.56 km/h

Running performance: 5:30 min/km

Rank in course/Total: 10 (of 45)

Rank in course/Men: 8 (of 27)

Best time in course: 39:10

Rank in category: 2(of 2)

Best time in the category: 39:10