



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Spieker, Andreas

Club: SV Rhön-Rennsteig-Sparkasse

Number: 243

Course: 9.30 km

9 km-Lauf

Category:

Senioren M55 (55-59)

Total time: 56:19

Speed: 9.59 km/h

Running performance: 6:04 min/km

Rank in course/Total: 20 (of 45)

Rank in course/Men: 15 (of 27)

Best time in course: 39:10

Rank in category: 1(of 2)

Best time in the category: 56:19