



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Häfner, Sabine

Club: Ilmenau

Number: 211

Course: 9.30 km

9 km-Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 58:59

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 24 (of 45)

Rank in course/Women: 7 (of 18)

Best time in course: 49:05

Rank in category: 2(of 5)

Best time in the category: 52:46