



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Wieseke, Lukas

Club: GuthsMuths-Rennsteiglaufverein

Number: 149

Course: 16.00 km

16 km-Lauf

Category:

männliche Jugend U20 (18-19)

Total time: 1:04:01

Speed: 15.00 km/h

Running performance: 4:00 min/km

Rank in course/Total: 3 (of 154)

Rank in course/Men: 3 (of 92)

Best time in course: 59:39

Rank in category: 1(of 2)

Best time in the category: 1:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	32:13	4:01	1	-	3	2:12	8.00	32:13	4:01	1	-	3	2:12
Parkplatz an der	8.00	31:48	3:58	1	-	3	2:10	16.00	1:04:01	4:00	1	-	3	4:22