



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schmieder, Claudia

Club: Laufclub Rudolstadt e.V.

Number: 241

Course: 9.30 km

9 km-Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 1:01:17

Speed: 8.81 km/h

Running performance: 6:35 min/km

Rank in course/Total: 27 (of 45)

Rank in course/Women: 8 (of 18)

Best time in course: 49:05

Rank in category: 3(of 5)

Best time in the category: 55:15