



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Tost, David**

Club: Hörselberg-Hainich

Number: 248

Course: 9.30 km

9 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:01:25

Speed: 8.79 km/h

Running performance: 6:36 min/km

Rank in course/Total: 28 (of 45)

Rank in course/Men: 20 (of 27)

Best time in course: 39:10

Rank in category: 3(of 3)

Best time in the category: 51:13