



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Heß, Mercedes

Club: Gotha

Number: 216

Course: 9.30 km

9 km-Lauf

Category:

weibliche Jugend U20 (18-19)

Total time: 1:02:10

Speed: 8.69 km/h

Running performance: 6:41 min/km

Rank in course/Total: 29 (of 45)

Rank in course/Women: 9 (of 18)

Best time in course: 49:05

Rank in category: 3(of 3)

Best time in the category: 49:17