



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Voigt, Ronny

Club: Ohrdruf Runners

Number: 139

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:09:59

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 7 (of 154)

Rank in course/Men: 7 (of 92)

Best time in course: 59:39

Rank in category: 2(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	34:47	4:20	2	1:02	6	4:46	8.00	34:47	4:20	2	1:02	6	4:46
Parkplatz an der	8.00	35:12	4:24	2	2:08	7	5:34	16.00	1:09:59	4:22	2	3:10	7	10:20