



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Heimerl, Michaela

Club: Zella-Mehlis

Number: 212

Course: 9.30 km

9 km-Lauf

Category:

Seniorinnen W50 (50-54)

Total time: 1:05:27

Speed: 8.25 km/h

Running performance: 7:02 min/km

Rank in course/Total: 36 (of 45)

Rank in course/Women: 12 (of 18)

Best time in course: 49:05

Rank in category: 1(of 1)

Best time in the category: 1:05:27