



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Seeber, Peter

Club: Luisenthaler SV Abt. Fußball

Number: 114

Course: 16.00 km

16 km-Lauf

Category:

Senioren M30 (30-34)

Total time: 1:11:01

Speed: 13.52 km/h

Running performance: 4:26 min/km

Rank in course/Total: 8 (of 154)

Rank in course/Men: 8 (of 92)

Best time in course: 59:39

Rank in category: 1(of 6)

Best time in the category: 1:11:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	35:22	4:25	1	-	8	5:21	8.00	35:22	4:25	1	-	8	5:21
Parkplatz an der	8.00	35:39	4:27	1	-	9	6:01	16.00	1:11:01	4:26	1	-	8	11:22